

Hospice Neighbours

Will you be a good neighbour?



Can you spare a few hours of your time?

For:

- Support and companionship
- Simple household tasks
- Light gardening
- Walking the dog
- Picking up groceries or prescriptions

plus lots more.....

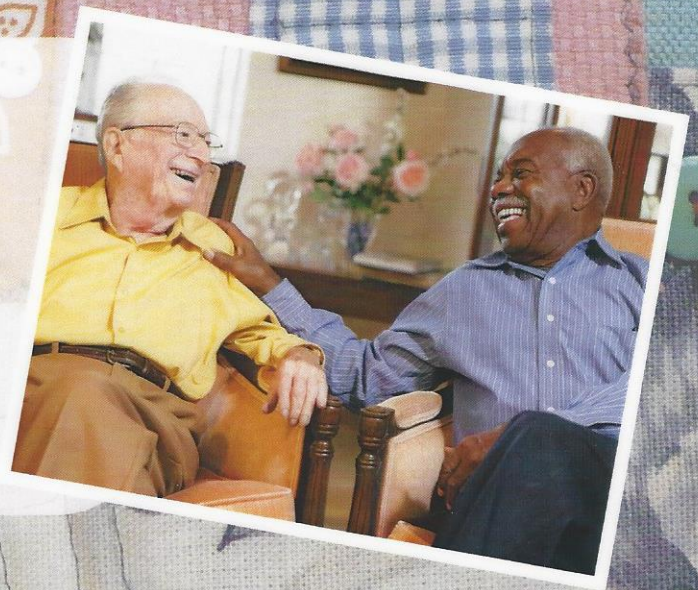
Hospice Neighbours offers practical support and companionship to people and families across West Suffolk and Thetford who are living with a life-shortening illness.

If you think you could help please get in touch:

01284 766418
volunteersdept@stnh.org.uk

Or fill-in our form online:

www.stnicholashospicecare.org.uk/hospice-neighbours



No experience is necessary; all you need is **compassion** and a **desire to help others**. Full training and support is provided.

everybody
needs good
neighbours

St Nicholas
Hospice Care

A Registered Charity No. 287773