

Gadget Savvy Market Place

**Friday 27th March
1.30 - 3.30pm
Breckland Council Offices**



Come and see how advances in new technology could help make life easier and offer a more independent later life



Norfolk County Council

Assistive Technology Service

Assistive Technology has a key role to play in supporting people to live independently for as long as possible and providing support to family carers to enable them to continue caring for as long as they are able and willing to do so. The Assistive Technology team offers a county-wide service and works with all adult client groups. It provides a specialist assessment function and prescription of a range of specialist and mainstream devices (examples of which will be on show) to meet individuals' identified outcomes. Assistive technology is provided to adults in their own home, including sheltered housing schemes, supported living and housing with care but excluding residential care. It is not necessary to be eligible under the Care Act to receive a service, and provision is not subject to means testing or charging.

<https://www.norfolk.gov.uk> › [assistivetechology](#)



Norfolk County Council

Norfolk Library and Information Service

Norfolk Library and Information Service will be attending with a stall to show you how to make use of the free digital services provided by Norfolk Libraries. Did you know you can borrow free ebooks, e-audiobooks and digital magazines, all without leaving the house? If you need help learning how to use computers or tablets, libraries can help with that too.



Norfolk County Council

Adult Learning

Adult Learning offers a range of courses to support individuals to develop and improve their IT skills. We offer courses for complete beginners through to proficient users in locations across Norfolk. Our courses cover topics ranging from computer basics to digital photography and internet safety and we can also offer a Functional Skills ICT qualification.



At Specsavers East Dereham, we provide a wide range of products and services to help you enjoy better hearing.

You can book a free hearing check with one of our expert audiologists, choose from the very latest high-tech hearing aids available and receive complimentary aftercare for as long as is needed.

We also offer a range of specialised hearing protection, including custom-fit, and have a range of other products and accessories available.

To find out more about our services and products visit www.specsavers.co.uk/hearing



Careline
COMMUNITY SERVICE

Here at Careline Community Service our aim is to support you to remain independent and safe and continue to live your lives without fear or compromise. Our Careline personal alarm is perfect for the home, offering peace of mind and reassurance around-the-clock. Worn either round the neck or wrist, our pendant is comfortable and discreet. By the touch of a button, our call monitoring centre can contact family, friends or the emergency services if you need help, 24 hours a day 7 days a week.

Still active? Why not try our Buddy Button? The Buddy offers peace of mind and reassurance anytime, anywhere. The GPS trackable device allows you to call for help with the touch of a button. Whether you are walking your dog or shopping with friends, the Buddy keeps you safe any independent. Come and find us at the **Gadget Savvy Marketplace** on March 27th and see how our variety of products and services can help you or a loved one remain safe and independent.



Wellbeing is a leading UK provider of personal alarm services. For just over £3.50 a week our personal alarm service is a quick and simple way of getting help at the press of a button if you have an accident or emergency in your home.

We provide a 24-hour, 365-day monitoring service, from our contact centre in Dereham, giving you the freedom to live your life independently knowing that you can get help when you need it. Visit our stand to find out more about our services.



Tesco Instore Pharmacy

At Tesco pharmacy we have a range of products to improve your health and wellbeing. From blood pressure monitors to pill cutters, our pharmacy is filled with gadgets.

Stop by our stand to find out which products may help you when you're not feeling well.



Security systems are very effective in providing peace of mind and sense of security for older people and in today's era of smart phones and technology, home security systems can be tailored to meet individual needs. There is the reassuring option of viewing live audio surveillance footage on a smartphone or tablet from the security of your own home without having to go outside to check your property.

Security systems can also be customised with smart home features to easily control appliances, door/garage locks, internal intruder sensors and to see who is outside the property by using smartphones or tablets.

Having a personal emergency features subscription and a 'one tap' option on a smartphone or personal alarm, family or neighbours can be easily alerted in the event of a fall, feeling unwell or intruders.

We believe it is essential that innovative communication devices are accessible and affordable for the wellbeing, independence and peace of mind of older people.



Citizens Advice Diss and Thetford offer free, impartial and confidential advice on a wide range of issues. Citizens Advice work closely with Trading Standards to support consumers by raising awareness of consumer rights and how to be savvy and avoid scams.

As part of our energy advice and can answer questions and demonstrate small scale domestic energy efficiency measures including smart meters, as well as signpost people to getting support to help keep their homes warm. In addition to our local drop in service, Citizens Advice offer a national consumer helpline 03454 040506 Monday to Friday 9am-5pm, and we work closely with trading standards.



About our 'Keep It Clear' Service/Campaign:

Community Action Norfolk is commissioned by Anglia water to deliver a **Keep it Clear** awareness campaign. **Keep It Clear** is transformational behaviour change programme to tackle the problem of sewer blockages caused by things such as fats, oils and grease (FOG) being put down the sink, or wipes and other bathroom waste being flushed down the toilet. Our stand will have some freebies which we give away to people to carry out the message.

Giveaways:

- A **Gunk Pot** which comes equipped with a plate scraper and sink strainer, making it even easier for you to protect your drains from nasty blockages come dinner time.
- A **Shower timer** which can help save money and the environment. Did you know showers will account for at least 30% of your daily household water usage? A 10 minute shower will use on average 80 litres, if you have a power shower it can use more water than 1 bath full!
- Free **Anglia Water Priority Service Register** which gives people practical support. If you want Anglian Water to contact a relative, friend or carer about your water supply and/or bills, with your permission they will be their first point contact and will be able to contact Anglian Water on your behalf or Help you with reading your water meter or Knock and wait; Anglian Water will wait longer for you to answer the door when visiting.



Norfolk County Council

Early Help and Prevention

The Early Help and Prevention stand has information on services to help people in Norfolk to stay independent for longer.

Technology and gadgets including GPS trackers and video doorbells to protect your home & family by monitoring what's important from anywhere using your phone.

Come and find out more, we have information on a whole range of services, clubs and groups.

Hughes

Hughes Dereham

At Hughes we can provide smart technology to make life easier, be that voice controlled items or control through an app. We can offer smart plugs to make it easier to get things turned on and off, App controlled lighting if mobility is an issue and even app controlled blinds.

We have a Hughes Smart service which has access to a wide range of products to make life simpler. We also have the latest in TV and white goods technology which have also advanced in capability over the past few years. We have that friendly, helpful and local service which allows us to recommend any of the latest tech on the market and match them to your needs



Making Things Possible

Remap custom-makes equipment to help disabled people live more independent lives

Our network of skilled volunteers design and custom-make equipment free of charge.

We help to improve quality of life and increase independence for disabled people of all ages, providing solutions to everyday problems when there is nothing commercially available.

We design and custom-make equipment for each individual because everyone's needs are different.

Our network of skilled volunteers respond to thousands of requests for our help every year and we provide our service free of charge.

Come and talk to us at The Gadget Savvy Market Place to see how we make things possible and to find out more about us, check out our website - www.remap.org.uk



**Independence Restored
Driving Controls, Wheelchair & Scooter Hoists, In & Out of Vehicle, Seating Options,
Vehicle Access & Travel, He-Man Duel Controls**

David Relph Adaptations is a family run business established in 1998 by David, a paraplegic himself. We offer unrivalled experience and expertise with a friendly down to earth approach and reliable service. With us you deal direct with people with hands on experience and not a pushy sales team.

We're the first and longest established Motability accredited adaptation specialist in Norfolk and Suffolk and are recommended by all of your local car dealerships and all adaptation suppliers.

The majority of our adaptations are installed via a mobile service to your home, work or at the dealership prior to you collecting your new vehicle. We also have workshop facilities and offer a collection and delivery service for more involved jobs. We cover the whole of Norfolk, Suffolk, Cambridgeshire and often further afield.

Most adaptations we supply and fit are available for you to see on one of our demonstration vehicles.

We are not able to attend with our demonstration vehicle however our leaflet will be available at the Gadget Savvy Market Place – and you can learn more about us on our website – www.davidrelph.com



Breckland Council encourages as many residents as possible to use their on-line facilities, for a range of services.

For those who visit Elizabeth House for either Council or DWP business, the reception area has self-serve stations with computers and scanners, with staff on hand to help.

Breckland Council also has an ICT and Digital Strategy to improve residents experience of contacting the Council whilst also increasing the efficiency of its overall operating arrangements.

The Council supports other agencies such as the local libraries who provide in-house learning and access to IT equipment.

By maximising the above, this allows officer time to help those unable or reluctant to use electronic communication - so that all members of the public have access to Council services.

