



Home delivery service

Call 07376 182419

In the light of the current advise about self-isolation and social distancing, we are offering a home delivery service on cooked meals for those who are self-isolating or not wanting to venture out.

All home delivery meals £7.50 each, meals will be delivered after 12pm, time slot to be arranged when ordered. Meals will need to be ordered in advance and before 10.30 am on the day of delivery. Payment can be made over the telephone or on delivery.

We are offering two choices each day, and week one starts on week commencing 17th March 2020

Also available are Sausage rolls - £1.25

Crisps - 85p



Thor Avenue, Feltwell, Norfolk. IP26 4AY | 07376 182419 / roberts.fgc@gmail.com

Week 1	Choice 1	Choice 2
Tuesday	Shepard's Pie Selection of Vegetables	Jacket Potato With Various fillings
Wednesday	Sausages Mash Selection of Vegetables	Casserole of the Day Potato Vegetables
Thursday	Roast of the Day With Yorkshire Pudding, Potato and vegetables	Roast of the Day With Yorkshire Pudding, Potato and vegetables
Friday	Fishcakes Croquette potatoes Peas and Sweetcorn	Lasagne With Garlic Bread
Saturday	Chicken Tikka Rice Naan Bread	Fish Pie Potato Peas

Week 2	Choice 1	Choice 2
Tuesday	Pie of the day Mashed Potato Vegetables	Stew & Dumpling Mashed Potato Vegetables
Wednesday	Meatballs Rice Naan Bread	Chicken Breast Potato Peas and Sweetcorn
Thursday	Roast of the Day With Yorkshire Pudding, Potato and vegetables	Roast of the Day With Yorkshire Pudding, Potato and vegetables
Friday	Pasta Bake Salad Garlic Bread	Spaghetti Bolognese With Garlic Bread
Saturday	Fish Fingers Potato Baked Beans	Sweet and Sour Rice Naan Bread